

זכור את־יוֹם הַשַּׁבָּת לַקֹּדֶשׁ.
שֶׁשֶׁת יָמִים תַּעֲבֹד וְעָשִׂיתָ כְּלִמְלֹאכֶתְךָ,
יוֹם הַשְּׁבִיעִי שַׁבַּת לַה'

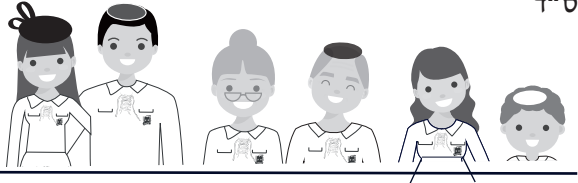
SHABBAT LASHEM

THE VOICE OF BNEI AKIVA UK

PARASHAT RE'EH
30TH AV 5782
26TH & 27TH AUGUST 2022
VOLUME 32 ISSUE 40



בס"ד



SPIRITUAL GROWTH SAMMY GARFINKEL SHEVET SEENAI

This shabbat is Rosh Chodesh Elul and the beginning of the run-up to the Yamim Nora'im. Throughout the whole of this month, many people take upon themselves stringencies in order to better themselves and prepare for Rosh Hashanah and Yom Kippur. Why do we have this idea of taking on new things? Is it not enough just to go into the new year with a headful of intent and a heart full of prayer? Looking into this week's parasha may give us some answers.

Parashat Re'eh continues with Moshe's final talk to Am Yisrael. In Perek י"ב, we are told about the ways in which we are, and aren't, allowed to worship G-d once we are settled in the land of Israel (in terms of sacrificial services). The final passuk of the perek exclaims the following:

לֹא־תַעֲשֶׂה כֹּן לַה' אֱלֹהֶיךָ כִּי כִלְיֹתוּעֲבֹת ה' אֲשֶׁר שָׂנֵא עֵשׂוּ
לְאֱלֹהֵיהֶם כִּי גַם אֶת־בְּנֵיהֶם וְאֶת־בָּנוֹתֵיהֶם יִשְׂרְפוּ בְּאֵשׁ
לְאֱלֹהֵיהֶם:

You shall not act thus toward your G-d Hashem, for they perform for their gods every abhorrent act that Hashem detests; they even offer up their sons and daughters in fire to their gods.

For context, it is talking about the way the Canaanite people worshipped their gods. A question may arise from this passuk: why did the Torah specifically mentioned child sacrifices as opposed to other abhorrent acts that we know the Canaanites did? It can't be to emphasise the fact that killing children is bad, and an incorrect service to G-d, as this is obvious even without it being spelled out to the Jewish people. It also can't be there to point out that killing children is worse

than killing adults or the elderly, as we are taught that all lives are of equal value. It must be teaching us something about specifically WHY this act is an incorrect service.

On the most symbolic level, the idea of young children represents a special type of innocence. Not particularly one of purity, but one of possibility and spiritual growth. When you are young, you have your whole life ahead of you, and are susceptible to your surroundings. You have amazing potential for good, or for bad. But when you take that potential for good, and you completely destroy it, that is what Hashem hates, and that is the 'abhorrence' that the Torah could be trying to hint to.

It is such an amazing opportunity the Torah gives us here; an insight into how to be favourable in Hashem's eyes. If Hashem hates a destruction/lack of spiritual growth, then the opposite must be true for what Hashem loves. Every time we do an act of kindness or refrain from saying Lashon Harah even for a second, that is another step towards spiritual growth and bettering ourselves as individuals, and Hashem LOVES that. And now we see why we have this seemingly odd custom of taking on incremental ideas to better ourselves over this period. It's all about doing the most we can to be favourable in Hashem's eyes, so that we may receive a good judgement for the coming year.

**SAMMY WAS A MADRICH ON ALEPH CHALUTZI
MACHANE 5782**

SHABBAT TIMES

London	In 19:45 Out 20:52	Oxford	In 19:47 Out 20:57	Leeds	In 19:52 Out 21:06
Manchester	In 19:57 Out 21:07	Bristol	In 19:51 Out 21:01	Liverpool	In 19:57 Out 21:10
Cambridge	In 19:42 Out 20:53	Birmingham	In 19:51 Out 21:02	Jerusalem	In 18:25 Out 19:47

MY MAZKIRUT EXPERIENCE

As the Mazkirut of 5782 reaches its end, our Shabbat Lashem correspondent caught up with Mazkir Sam Prais to see how his year was!



What have you enjoyed about being on the Mazkirut?

I've really enjoyed seeing all the programming that Bnei Akiva puts on, for such a wide range of Chaverim. Usually, you only get to see what is going on your sviva, or your shevet, etc., but being on the Mazkirut I saw quite how much goes on - and it is A LOT.

What were some highlights?

It's so difficult to just choose a couple! Yom Ha'atzmaut was incredible, especially the Ruach at the evening Tefilla and party. I also have to mention summer machane - we had the largest numbers in a decade!

Who are you grateful to for inspiring you/helping you?

My wife, Rachel (Rosh Nivcheret 5780), stops at nothing to make sure that Bnei Akiva is successful; she picks up tafkidim left, right and centre, always looks to see how she can drive the movement forwards, and doesn't hold back if she thinks one of my ideas is stupid!

What will you be doing next year?

I will be living in the Old City in Jerusalem, learning Torah, Hebrew, and many a coding language.

MESSAGE FROM THE EDITOR

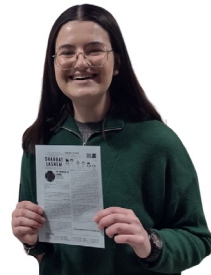
What a year it's been! From Israel, to Svivot, to Machane, to Social Action, to Chinuch, to Bogrim events, so much has been going on in Bnei Akiva, and Shabbat Lashem has been there throughout, reporting on all goings-on in the Tnua.

Editing Shabbat Lashem has (mostly) been a pleasure. I've had the opportunity to read incredible Divrei Torah written by members of the Tnua who are as young as 14, and learn something new every time.

I'd like to say a huge thank you to everyone who has contributed, whether you've written a Dvar Torah, been interviewed for a 'my experience feature,' sent in photos, given useful feedback, or helped with the proof-reading, printing or distributing of Shabbat Lashem.

This is my last issue of Shabbat Lashem and I am very excited to pass over the reins to the highly competent Ben Rothstein who will be the Chinuch Worker for 5783!

I would also like to give a huge shout-out to the rest of the Mazkirut, Nivcharim and Shlichim for all the hard work that they have put in to a vast number of projects and events!!!! The next page features some highlights from the 42 issues of Shabbat Lashem that have gone out this past year!



THE YEAR IN PICTURES



Lilmod U'lamed Elul Zman Programme!



Shlichot at the London Bayit!



Shevet Hineini BBQ in Israel!



Lishmah!



Limmud Mercazi!



Machane!



Kadima!



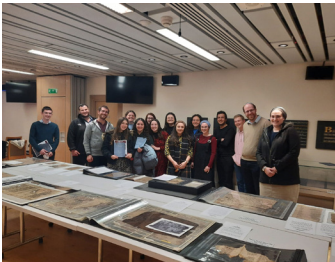
Shabbatot Irgun!



Va'ad!



Bogram events!



Moreshet!



Yom Ha'atzmaut!

WHAT'S GOING ON?

- Do you have a **parent or grandparent with an interesting life story** who you'd like to interview for our **Moreshet archive**? Contact chinuch@bauk.org for more info!

- **Keep an eye out for exciting Bnei Akiva updates for all ages!**

- **Be sure to like our Facebook page (Bnei Akiva UK) and follow our Instagram (bneiakivauk) to get regular updates with what is going on in the Tnuva.**

- **Mazal Tov to Sam Prais** (Mazkir 5782, Shevet Avichai) and **Rachel Prais** (Rosh Nivcheret 5780, Shevet Avichai) on their **Aliyah!**

- **Visit bauk.org/feedback** for contact details for all Mazkirut members and to leave any general feedback!



The poster features a central circular graphic with a sunburst pattern. The text 'SAVE THE DATE' is arched at the top. Below it, 'COCKTAIL EVENING' is written in large, white, serif capital letters. Underneath, 'FOR MANCHESTER AND LEEDS BNEI AKIVA PARENTS' is written in smaller white capital letters. The date '11.09.2022' is written in a white script font. At the bottom, a white text box contains the contact information: 'IF YOU WOULD LIKE TO BE MORE INVOLVED IN THE EVENT, PLEASE CONTACT ELAD - 07764450930'. In the top left corner, there is a logo for 'BNEI AKIVA UNITED KINGDOM' with a menorah icon and the Hebrew text 'בני אקיווה'. In the top right corner, the Hebrew word 'בס"ד' is written.

BNEI AKIVA
UNITED KINGDOM

בני אקיווה

בס"ד

SAVE THE DATE

**COCKTAIL
EVENING**

FOR MANCHESTER
AND LEEDS BNEI
AKIVA PARENTS

11.09.2022

IF YOU WOULD LIKE TO BE MORE INVOLVED IN THE
EVENT, PLEASE CONTACT ELAD - 07764450930

TO SPONSOR AN EDITION OF SHABBAT LASHEM OR FOR ANY QUERIES PLEASE CONTACT DANIA AT CHINUCH@BAUK.ORG