זכור את־יום השבת לקדשו. ששת ימים תעבד ועשית כל־מלאכתך,

# SHABBAT LASHEM

THE VOICE OF BNEI AKIVA UK

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### THE ESSENTIALITY OF MEMORY TOVA LIFBERT SHEVET MORASHA

When reading this week's parasha, it struck me how often it is that Moshe mentions the necessity to remember and warns the Bnei Yisrael against forgetting.

For example, Moshe commands the nation to

זכר תזכר את אשר עשה ה' אלקיד לפרעה ולכלימצרים ...remember what Hashem, Your G-d did to Paroh and all of Egypt (Devarim 7:18)

And then.

ווַכַרַתַּ אֵת־כּל־הַדַּרַדְ אֲשֵׁר הוֹלִיכָדְ ה' אֱלֹקידְ זָה אַרַבַּעִים שַׁנַה במדבר

...remember the entire road on which Hashem, Your G-d, led you these forty years in the wilderness. (8:2)

Moshe then severely warns the people of the punishments that will befall them, 'lest you forget Hashem.'

As an English student, I recognise that repetition suggests an underlying significance and symbolism of the idea repeated, and I therefore decided to investigate where the significance of remembering and memory lies in Judaism and our Avodat Hashem. I would like to explore the importance of memory in terms of communal and individual past, present and future.

The history of the Jewish people, from Matan Torah to Yetziat Mitzrayim to the Spanish Inquisition, Holocaust, and the founding of the State of Israel, is inextricable to our present individual and collective Jewish identity, and it is therefore of paramount importance to actively remember our past. This is reflected by the fact that during the Jewish Calendar year, all Chagim and fast days are bound together by the fact that they either celebrate happy occasions of our past or mourn the calamities that befell our ancestors in the days of yore.

Our present is defined and affected by the memories of our past. Remembering past events, as we do so three times a day by reciting the Shema, constantly reminds us that we are not isolated atoms in a free-floating universe; we are part of an organic, three-dimensional whole; a story that we are an integral part of, and it is incumbent upon us to continue the story of the Jewish nation. Memory in this sense is comforting, reminding us that when we feel lonely or purposeless, we are in fact part of something far bigger.

In terms of our future, memory is essential because, as philosopher George Santayana famously remarked, 'those who forget the past are destined to repeat it.' Forgetting is so wonderfully dangerous and damaging because it cuts you off from reality, but more importantly, a shared morality. Parents are able to look after and love their children because they remember how they were once loved and looked after by their parents, children behave well because they remember how they were punished when they did not do as they were told, but more fundamentally, on a communal level, I believe one of the foundational reasons for the astounding Chesed perpetuated by the Jewish communities, with thousands of Jews travelling all around the world, be it to Ukraine or Afghanistan to help in Humanitarian crises, is a result of our memory of oppression, cruelty, and barbarity.

Memory ties together our past, present and future, and therefore it is befitting that in Moshe's closing speech, one of the most important messages he wills to impart to Bnei Yisrael is the need to remember.

#### **TOVA WAS A ROSH OF BMP 5782**

#### SHABBAT TIMES

London In 19:59 Out 21:08 Oxford In 20:02 Out 21:14 In 20:13 Out 21:25 In 20:06 Out 21:18 Manchester Bristol In 19:57 Out 21:10 In 20:06 Out 21:20 Cambridge Birmingham

In 20:08 Out 21:24 Leeds Liverpool In 20:13 Out 21:28 Jerusalem In 18:43 Out 19:56

### MY MACHANE EXPERIENCE

After a very successful Summer Machane, our Shabbat Lashem correspondant caught up with two members of the Aleph Tzevet to hear more about their experiences.



LUCY POLLOCK SHEVET SEENAL

### What has your involvement in BA been so far?

l've been a madricha at Elstree and Borehamwood Sviva since 2019, and I took Machane Ari last summer, but Aleph Machane was my first residential camp as a madricha. I've been going on machane almost bi-annually since 2016, though!

# Why did you decide to be a hadracha madricha this summer?

I love working with kids, and hadracha has always been something I've seen myself doing. I think planning tochniot is something I really enjoy, and I loved being able to be part of a new generation's BA experience!

# What did you enjoy about being a hadracha madricha?

My favourite part of machane was the informal hadracha - it was really important to me that chanichim felt comfortable to talk to me about anything. I also loved watching tochniot that I'd



JOEL KARET SHEVET SEENAL

### What has your involvement in BA been so far?

I attended Bushey Sviva every week and almost every machane

as a chanich. I've also been a madrich and sgan at sviva. I've now been a technical madrich on two summer machanot.

# Why did you decide to be a technical madrich this summer?

I got the chance to be a tech earlier than normal last year, and personally enjoyed giving back to BA from the technical side of things more so than I enjoyed planning and running tochniot.

# What did you enjoy about being a technical madrich?

I enjoyed being there to help both the Technical Organiser and Head Cook when they planned go smoothly (or work out fine in the end in some cases) and getting to write a camp song was super fun.

#### Were there any challenges?

It was definitely a lot more intense than I'd initially thought, and I definitely was made aware of the fact that I'm not superhuman and can't work off of no sleep, but the entire tzevet was so supportive and so accommodating at every moment.

#### What did you learn from the experience?

I've learnt a lot about myself and how I function in stressful situations, and I think I've learnt a lot about dealing with burnout. I've also learnt that 11 year olds are a lot more knowledgeable than we give them credit for, and are definitely not afraid to speak their minds!



needed me, be it helping to chop vegetables and help cook the meal in the kitchen, or helping the TO around the site make sure it was safe, clean and ready for Shabbat.

#### Were there any challenges?

Yes! Sometimes in the kitchen things wouldn't go as planned, and we had to come up with a solution so that everybody still got a nutritious and full meal. Or when we couldn't locate the mechitza and had to make an impromptu one out of shiny white table cloth, which posed as a fun challenge, that if I may say so myself, served its purpose and looked great.

What did you learn from the experience? Being a technical madrich taught me how to cook a number of meals that I wouldn't have known otherwise!

### THE MONTH IN PICTURES

Bnei Akiva ran five successful residential camps and a Bet Midrash Programme this summer. Here are some of the highlights!













Over thirty chanichim enjoyed themselves at Machane Ari, our day camp for years 3-5!







Shevet Seenai Madrichim and participants of Mizrachi UK's Yehudi Programme are currently touring Eretz Yisrael on Machane Yehudi!





### WHAT'S GOING ON?

- Do you have a **parent or grandparent** with an interesting life story who you'd like to interview for our **Moreshet archive**? Contact chinuch@bauk.org for more info!
- Keep an eye out for exciting Bnei Akiva updates for all ages!
- Be sure to like our Facebook page (Bnei Akiva UK) and follow our Instagram (bneiakivauk) to get regular updates with what is going on in the Tnua.
- Mazal tov to the newly-elected Nivcharim for 5783, Michal Benjamin, Rafi Davis, Raphael Kastner, Joel

- **Kaufmann, Tamara Kay & Shira Neville,** and to **Chaim Stanton**on his appointment as Bnei Akiva's representive on the **Board of Deputies!**
- Mazal tov to Avi Harris (Shevet Dorot) on his Aliyah!
- Mazal tov to Israel and Sixth-Form Worker (and Camps & Social Action Worker 5781), **Shira Collins** (Shevet Ne'eman) on her **Aliyah!**
- **Visit bauk.org/feedback** for contact details for all Mazkirut members and to leave any general feedback!



We'd like to wish Rav Joel, Rabbanit Sarah, Yonatan and Tsofia Hatzlacha Rabba on their return to Israel as they finish their Shlichut.

We have been so lucky to have them and will miss them as they continue to build their lives in Eretz Yisrael!